Living Well in the San Joaquin Valley: New Directions for Healthy Places

Healthy Living Map of the Capitol Region

Bill Mueller, Chief Executive
Valley Vision
September 10, 2014
About Valley Vision

Valley Vision

Impact
Connection
Credibility
Leadership
Capacity for Action
Community Health Needs Assessment (CHNA)

The purpose is to identify communities and special populations experiencing health disparities and to uncover factors that prevent people from living healthier lives.

Partners include:
Community Health Needs Assessment

*Data Synthesis*

**Quantitative Data**
- Demographic Characteristics
- Mortality
- ED and Hospitalization

**Qualitative Data**
- Key Informants
- Focus Groups
- Community Forums

Prioritized Health Needs of Most Vulnerable Communities (*within a hospital service area*)
Healthy Living Map
of the Capital Region

• An interactive ZIP Code map that houses health and wellbeing data for every ZIP Code in Amador, western El Dorado, Nevada, south Placer, Sacramento, Solano, Sutter, Yolo and Yuba Counties.

http://www.HealthyLivingMap.com

• The Healthy Living Map website was created to make health data used to conduct the CHNAs accessible to the communities served by each nonprofit hospital.
Welcome!

The Healthy Living Map is a collaborative project of Dignity Health member-hospitals, Kaiser Permanente, Sutter Health Sacramento Sierra Region, and the UC Davis Health System. The interactive ZIP Code map houses health and wellbeing data for every ZIP Code in Amador, western El Dorado, Nevada, south Placer, Sacramento, Solano, Sutter, Yolo, and Yuba Counties. You can also find each member hospitals’ Community Health Needs Assessment (CHNA) and a link to their Community Health Improvement Plan.

The creation of the Healthy Living Map was a collaborative process with:

Dignity Health
Kaiser Permanente
Sutter Health Sacramento Sierra Region
UC Davis Health System
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<tr>
<th>ED Visits</th>
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<tr>
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<table>
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<td>6.80</td>
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Data Dictionary

2013 CHNA Secondary Data Analysis Methodology (click to download)

**Age Adjusted Mortality:** The number of deaths per 10,000 people adjusted to match a standard age profile.

**Community Health Vulnerability Index (CHVI):** a community health-planning tool that identifies communities across a large area more vulnerable to poorer health outcomes. The index combines many of the social determinants of health, such as income level, insurance status, race & ethnicity, education, and housing, and identifies specific ZIP Codes across the region where poorer health outcomes are more likely to be found. The specific variables included in the index are as follows. Each variable is identified for each ZIP Code included in the map:

- **Limited English:** Percentage of population over age 5 that speaks English poorly or not at all
- **Minority:** Percentage of population that is minority (including Hispanic ethnicity)
- **No high school diploma:** Percentage of population over 25 without a high school diploma
- **Poverty 65+:** Percentage of households below poverty line, with the head of household age 65 or older
- **Poverty children:** Percentage of families with children under 18 below poverty line
- **Poverty single w/ kids:** Percentage of single female-headed families with children under 18 below poverty line
- **Renting:** Percentage of households renting their home
- **Unemployed:** Percentage of population in the labor force, ages 16 or more, without employment
- **Uninsured:** Percentage of population without health insurance

**Emergency Department (ED) Visits:** Number of Emergency Department (ED) discharges; reported as a rate per 10,000 by primary or secondary diagnosis.

**Fact Sheet:** The printable one-page sheet that appears upon clicking on a zip code within the zip map.

**Hospitalizations:** Number of admittances into a hospital; reported as a rate per 10,000 by primary or secondary diagnosis.

**Infant Mortality Rate:** The number of deaths under 1 year of age divided by the total number of births; reported as cases per 10,000 births.

**Life Expectancy:** The number of years a person within a given population is expected to live at a given age; reported on this website as the age a person is expected to live from birth within a specific zip code.

**Low Birth Weight:** The total number of births with baby weight below 1500 grams divided by the total number of live births; reported as the number of cases per 10,000 births.

**Mortality:** The number of deaths in a given population; reported as a rate per 10,000 by disease.
2013 CHNA Reports

Download the 2013 reports in pdf format.

Mercy Hospital of Folsom
Methodist Hospital of Sacramento
Mercy General Hospital
Mercy San Juan Medical Center
Woodland Healthcare
Sierra Nevada Memorial Hospital
Kaiser Permanente Roseville Medical Center
Kaiser Permanente Sacramento Medical Center
Kaiser Permanente South Sacramento Medical Center
Sutter General Hospital
Sutter Memorial Hospital
Sutter Center for Psychiatry
Sutter Davis Hospital
Sutter Amador Hospital
Sutter Roseville Medical Center
Links

The Four Hospital Systems

Dignity Health
Kaiser Permanente
Sutter Health Sacramento Sierra Region
UC Davis Health System

Sacramento Region County Health Offices

Amador County
El Dorado County
Nevada County
Placer County
Sacramento County
Solano County
Sutter County
Yolo County
Yuba County

Health and Health care Information

California Dept. of Public Health (CDPH)
California Health Interview Survey
Health Resources and Services Administration (US Dept of Health and Human Services)
Office of Statewide Health Planning and Development (OSHPD)
Centers for Disease Control and Prevention
Healthy Living Map of the Capital Region

How has the CHNA work advanced Community Health & Economic Vitality?

• Improve Knowledge (Community & Practitioners)

• Creation of Community Based Organizations (Understanding the Need)

• Influencing Policy (Health in All Policies)
Comments / Questions

Healthy Living Map
http://www.HealthyLivingMap.com

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